



Emilie "Zila" Jabouin

blends contemporary dance training with Haitian folk dance, drumming and singing as a foundation to share histories and promote wellness.



Dance: Movement Through Healing



Image from NAVE by Camille Turner

Emilie's dance practice explores the social and cultural histories and expressions of the African diasporas. Under the mentorship of Peniel Guerrier, Emilie applies the foundations of Haitian, Trinidadian, and Caribbean folklore to develop methods of moving that promote exploration and healing of the body. She collaborates regularly with choreographers and visual artists.

Research: The Body As An Archive

Jabouin, E. (2021). Black Women Dancers, Jazz Culture, and "Show Biz": Recentering Afro-Culture and Reclaiming Dancing Black Bodies in Montréal, 1920s–1950s. Canadian Journal of History, Volume 56 Issue 3, Winter | hiver 2021, pp. 229-265

Thompson, C., & Jabouin, E. (2021). Black Media Reporting on Theater, Dance, and Jazz Clubs in Canada: From Shuffle along to Rockhead's Paradise. Journal of Communication Inquiry, 0(0).

Solo Works

'The Torch Bearer'
The story of Mary Ann Shadd Carry

'Torch Bearer' embodies the poem of the same name by Glenis Redmond through Contemporary dance with Afro-Carribean influences. The piece speaks to the journey of Mary Ann Shadd Cary, remembering the many black women trailblazers in the continuous fight for black civil rights and the reclaiming of humanity.

Choreographers Dr. Lynnette Overby and Emilie Jabouin
Performed by Emilie Jabouin
Premiered at The Colored Conventions Project, 2020
5 minutes

'The Release' Intergenerational Womb Stories

'The Release' uses Contemporary dance and Haitian Folk dance, drumming and singing to challenge misconceptions of abortion/interrupted pregnancies. 'The Release' explores the multiple and complex emotions, social and personal pressures a Black woman experiences when making this choice.

Choreography and Performance by Emilie Jabouin Showcase-Ready Excerpts Available, 10-20 minutes Full Production Available Starting 2024, 60 minutes





emirj projects

Emirj [emerge] Projects is a multi-faceted Performance, Research, and Creative Consulting company inspired by the dance process of curiosity, intuition and exploration.

Emilie "Zila" Jabouin

Dance + Wellness Workshops

Movement Identity

Guiding creatives through their personal process of finding their authentic movement

Do Gwe

Movement, Chanting and Rhythm-Play workshop to connect to the body and hone a meditation and healing experience through self-knowledge.



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